

**FEBRUARY 2010
EVERGREEN SENIORS' RESOURCE CENTER ACTIVITIES**

SENIORS' RESOURCE CENTER-EVERGREEN WILL BE OFFERING FREE TRANSPORTATION TO SOUTHWEST MALL, FEBRUARY 25, 2010. The bus will leave the Yellow House at 9:15 a.m. Pick-up time at Green Ridge Meadows Apartments will be 9:30 a.m. and from Rocky Mountain Village Estates at 9:45 a.m. The bus will leave Southwest Plaza at 2:00 p.m. for the return trip. For reservations, call 303 679-2552.

CAREGIVER SURVIVAL SKILLS

MEDICAL & LEGAL ISSUES

THURSDAY, FEBRUARY 25, 4 – 5:30 PM

**ELK RUN ASSISTED LIVING
(ACTIVITIES WILL BE PROVIDED FOR YOUR LOVED ONES)**

The Mountain Caregivers Resource Group Includes:
The Seniors' Resource Center Evergreen Mt. Evans Hospice & Home HealthCare
Life Care Center of Evergreen Jefferson County Public Library

*******THE YELLOW HOUSE CAFÉ IS BACK!*******

Beginning February 5, the Yellow House Café will be serving lunch. On the 5th, Pot Roast, Salad and Homemade Apple Pie will be on the menu.

As before, we will be picking up at Rocky Mountain Village at 11:15, and Green Ridge at 11:30.

Please join us and meet our new cook, Pam. Encourage your friends to come, too! The cost will still be \$4.00.

We will look forward to seeing all the familiar faces as well as some new ones!

**AARP DRIVERS' CLASSES
At the Seniors' Resource Center
From 9:00 a.m. – 1:00 p.m.
On Saturday, February 6 and
Saturday, February 13**

*******THE SENIORS' RESOURCE CENTER WILL BE CLOSED
FOR PRESIDENT'S DAY, FEBRUARY 15*******

Over this long winter do you have cabin fever and can't get out to socialize? If you would like to have a Friendly Visitor come to chat, please contact Chris S. at the Seniors' Resource Center...

303-674-2843