

Many thanks to SRC for sustaining my husband and I all through these months of isolation. The food, trivia and crafts, and Zoom communication really helped me care for my husband and have enough energy to continue.

Fondly - Jan T.



- **2,767** people received core services: care management, adult day, in-home care, chores, and food and supplies
- **337** care management clients
- **217** adult day clients
- 218 in-home care clients
- **1,551** chores clients received **5,800** hours of periodic deep cleaning services
- 9,000 information & referral calls answered
- **250** calls/week, **75%** were first time callers to SRC seeking assistance
- 135 chores hoarding clients received decluttering assistance, removing excessive clutter that negatively impacted their safety and quality of life
- 309 food and supplies clients received over 90,000 fresh and fresh-frozen meals prepared by our culinary team

# Longevity

Seniors' Resource Center has been around for over 40 years. In that time, we have gone from a small department under the Jefferson County Department of Social Services to a standalone organization that serves thousands of Coloradans in their homes and at our location. Through every change and challenge that our community has faced, SRC's mission has always stayed the same: to ensure that older adults can live independently and healthy in the place they call home.

In 2021, we did this through extensive in-home care services, such as chores assistance, hygiene assistance, and caregiver respite. While our Adult Day Center was closed, these in-home services ensured that older adults and caregivers, especially those who normally utilized our Adult Day Center, received the support they needed. Our Adult Day Center's closure also encouraged us to get creative with what adult day programming could look like. We transformed our regular adult day activities into Adult Day Without Walls, which gave older adults a chance to socialize, move and engage via Zoom, and receive in-home companion care that gave their caregivers—many who were suddenly on call 24 hours a day—a much-needed break.

Most critically, we reopened our Adult Day Center in the fall of 2021, allowing folks to once again join us onsite. This was a major step in alleviating the loneliness and isolation that many older adults were feeling and giving caregivers the reprieve they needed. This blend of onsite and in-home care has ensured that all of our clients receive care in the way that works best for them.



#### Dear Supporter,

I am pleased to present the 2021 impact report from Seniors' Resource Center.

2021 was a year of continued change and adaptation at SRC. We were thrilled to reopen our Adult Day Center after its closure in 2020 due to the COVID-19 pandemic. During its closure, we refreshed the building with new paint, flooring, fixtures and furniture to help our participants to feel welcome and excited to join us. For older adults struggling with social isolation, we know that our reopening was more than just exciting; it was life-saving. Our reopening has also given caregivers much-needed respite.

Since 1978, Seniors' Resource Center has been a solid rock in the community, providing vital support services for our community's older adults. But we know that what worked in 1978 no longer works today. Our community's needs have changed. Technology has changed. The world has changed, especially as we've adjusted to COVID-19.

### Through it all, SRC has been resilient.

I am so proud of our team, who thought strategically and worked hard to make sure our clients' needs were met when we could no longer bring them to our Adult Day Center. I'm proud to know that, no matter what challenges our older adults face, the SRC team is ready to do whatever it takes to meet their needs.

We could only reinvent how we work, bring on new staff, and provide so many services to our older adults through the generosity of new supporters, loyal donors, and funding partners. Thank you for all you made possible in 2021 and for all we'll achieve together in 2022 with your continued support.

In service,

Chris Lynn

## Thank you to our dedicated supporters.

#### Because of you, we share this longevity together.

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