


Monday	Tuesday	Wednesday	Thursday	Friday
 <p>January 2019 Snack Menu</p>	Closed	1 Ritz Crackers 7 ea String Cheese 1oz	2 Apple sauce 40z or 1 ea Animal crackers 7ea	3 Graham crackers 4 squares or 1 sheet fruit 4oz
Assorted Crackers 7ea String Cheese 1oz	7 <i>Yogurt Parfait (fruit and yogurt) ½ cup fruit, 1/2 cup yogurt</i>	8 Apple slices 4 ea. Peanut butter 2 oz.	9 <i>Tortilla Roll ups, 1ea Turkey and Provolone Pickle wedge 1 ea</i>	10 Ritz Crackers 7 ea String Cheese 1oz
Fruit cup. ½ cup Ritz Bits	14 Crackers 7ea peanut butter 2oz	15 Tortilla Roll ups, 1ea Ham and cheddar Pickle wedge 1ea	16 Apple sauce 40z or 1 ea Animal crackers 7ea	17 Graham crackers Fruit 4oz
Assorted Crackers 7ea String Cheese 1oz	21 <i>Yogurt Parfait (fruit and yogurt) ½ cup fruit ½ cup yogurt</i>	22 Apple slices 4 ea. Peanut butter 2 oz.	23 <i>Tortilla Roll ups Turkey and Provolone</i>	24 Club Crackers 7 ea String Cheese 1oz
Fruit cup. ½ cup Ritz Bits	28 Pretzels 1.5 oz bag peanut butter 2oz	29 Ritz Crackers 7 ea String Cheese 1oz	30 Apple sauce 40z or 1 ea Animal crackers 7ea	31 Graham crackers 4 squares or 1 sheet fruit 4oz

The SRC Adult Day Program Participates in a USDA Funded Program and is an equal opportunity Employer. 1% Milk is offered with every meal