


# October 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">1</p> <p>American Goulash Tossed Salad Fruit Cup, Roll Milk</p>	<p style="text-align: right;">2</p> <p>Tuna Melts Homemade Fries Tossed Salad, Fruit Milk</p>	<p style="text-align: right;">3</p> <p>Shepard's Pie Green Beans Fruit Cup, Rolls Milk</p>	<p style="text-align: right;">4</p> <p>Orange Chicken over Rice, Tossed Salad Fruit Cup, Roll Milk</p>	<p style="text-align: right;">5</p> <p>Spaghetti w/Sauce Homemade Meatballs Tossed salad, fruit Garlic Bread, Milk</p>
<p style="text-align: right;">8</p> <p>Grilled Ham &amp; Cheese Sandwiches Roasted Red Potatoes Salad, Fruit, Roll, Milk</p>	<p style="text-align: right;">9</p> <p>Bratwurst over Rice German Potato Salad Glazed Carrots, Salad Fruit, Roll, Milk</p>	<p style="text-align: right;">10</p> <p>Fried Chicken Mash. Potatoes/Gravy Green Beans, Fruit Cup Rolls, Milk</p>	<p style="text-align: right;">11</p> <p>Patty Melts Homemade Fries Tossed Salad, Fruit Cup, Milk</p>	<p style="text-align: right;">12</p> <p>Beef or Turkey Meatloaf, Mashed Potatoes/Gravy, Fruit Green Beans, Rolls</p>
<p style="text-align: right;">15</p> <p>Hot Dogs on Bun Macaroni &amp; Cheese Tossed Salad Fruit Cup, Lemon Loaf</p>	<p style="text-align: right;">16</p> <p>Monte Cristo Sandwich Grilled Veggies Roasted Potatoes Fruit, Milk</p>	<p style="text-align: right;">17</p> <p>American Goulash Tossed Salad Fruit Cup, Roll Milk</p>	<p style="text-align: right;">18</p> <p>Tuna Melts Homemade Fries Tossed Salad, Fruit Milk</p>	<p style="text-align: right;">19</p> <p>Orange Pork Chops or Veggie Burgers Red Potatoes, Roasted Veggies, Rolls</p>
<p style="text-align: right;">22</p> <p>Baked Chicken Mash. Potatoes/Gravy Corn, Salad, Fruit Milk</p>	<p style="text-align: right;">23</p> <p>Pizza Tossed Salad Fruit Cup, Garlic Bread Milk</p>	<p style="text-align: right;">24</p> <p>Beef Stroganoff Buttered Mash. Potatoes, Salad, Fruit Roll, Milk</p>	<p style="text-align: right;">25</p> <p>Veggie Burgers on Bun Homemade Fries Tossed Salad, Fruit Cup Milk</p>	<p style="text-align: right;">26</p> <p>Chicken Tenders Red Potatoes, Glazed Carrots, Fruit Cup, Rolls</p>
<p style="text-align: right;">29</p> <p>Breaded Halibut White Rice Glazed Carrots Salad, Fruit, Milk</p>	<p style="text-align: right;">30</p> <p>American Goulash Tossed Salad Fruit Cup, Roll Milk</p>	<p style="text-align: right;">31</p> <p>Spaghetti w/sauce Homemade meatballs Tossed Salad, Fruit Garlic Bread, Milk</p>	 <p><b>SENIORS' RESOURCE CENTER</b></p> <p>5120 Highway 73, Evergreen, CO 80439 303.674.2843 · www.SRCaging.org</p>	