

Monday	Tuesday	Wednesday	Thursday	Friday
Modern music Monday Memories in the making Compañeros B-I-N-G-O Dynamic stretching Entertainment with Frank. L Music with Pat Memory coach	3 Chair yoga Morning reflection Bible study-Corinthians Functional fitness Curious Dragon Fly Choir practice Sensory stimulation	4 Moovin' and groovin' Mary T. Performance Range of motion Travelogue Music with Pat The best birthday you ever had discussion Aroma touch	5 Strength and balance Short story: Saving Lucille Fun with food: Chocolate covered bananas Entertainment with Laurie D. Poet's row Around the world Good news segment	6 Range of motion Veterans Club Strength & flexibility Paint and sip Discussion: Reading body language Music with Pat Family feud
Functional fitness Travelogue Compañeros B-I-N-G-O Music with Pat Sensory stimulation	10 Deep stretch Star of the month: Mel Brooks WITW: Glowing tide Sit and stitch Comedy hour Choir practice Color by numbers	11 Inner beat Entertainment with Bill S. Range of motion Herbalism 101: Re-potting Paper flower pots Music with Pat The price is right	12 Parachute exercise Entertainment with Dave H. Chair yoga Images with Judith Warming up to Father's Day Curtain call Memory circle	13 BALListics Music from the Troubadours(choir) Zumba Father's day celebration Music with Pat Favorite memories
Range of motion Entertainment with Steve E. Strength and balance Compañeros B-I-N-G-O Music with Pat Memory coach	17 Beach volleyball Karaoke party Functional fitness Croquet club Choir practice The perfect picnic game Family dinner 5:00-7:00	18 Pedal pushers Middle of the year review (Resolutions discussion) Dog Birthday Décor Range of motion Trivia/ Ellie the story teller Music with Pat Best recipes discussion	19 Conductor size Mary T. Performance Functional fitness Images with Judith Music with Alex Around the world Thankful Thursday Reminiscing magazines	20 Tai Bo Entertainment with Josh B. Strength & Flexibility Dog Birthday Party Music with Pat Family feud Good news segment
Functional fitness Entertainment with Mel B. Compañeros B-I-N-G-O Music with Pat Sensory stimulation Glamour hour	24 Chair swimming Ladies club-Dear Abby, Mad libs & Jewelry making Chair intervals Don T. & The Melodics Choir practice The perfect picnic game	25 Inner beat Unsolved mysteries Bowling Dance party Casino themed Birthday bash Music with Pat The price is right	26 Dynamic stretching Fun with food: Beach day pudding Chair yoga Images with Judith Broadway musicals reflecting history Curtain call Memory circle	27 Balloon swat Entertainment with Maxine Zumba Veterans club Music with Pat Favorite memories Aroma touch



Activities are subject to change without notice to best meet the needs of our SRC friends.