

2016 SENIOR HERO HONOREE



Howard Bagdad

Howard has been involved with the Golden Optimists & the Bicycle Recycle program since 2000. He currently operates the bicycle repair shop, and teaches other volunteers & program clients how to repair bikes. He makes sure that bikes get to programs such as troubled youth homes & the Navajo Nation. The Christian Action Guild of Golden (CAG), a small non-profit thrift shop, is one of the recipients of the program. In 2015, Howard oversaw the restoration & delivery of 19 bikes for CAG's Santa Shop, where client families shop for free for toys & clothing.

2016 SENIOR HERO HONOREE



Loretta Quigley

The staff of St. Bernadette School has recognized for years the positive impact Mrs. Quigley has made on the students she has tutored and continues to tutor. Loretta has helped the students increase their skills and their confidence in math and reading. Her wisdom, patience, and nurturing ways have provided the students with a listening "grandma" who cares about them. The staff appreciates Loretta's dependability, dedication, and generous gift of time. Her dedicated volunteer service is a model for future school volunteers.

2016 SENIOR HERO HONOREE



Kay Bailey

In addition to serving in many volunteer capacities throughout Jefferson County, Kay contributed over 400 hours last year at the Arvada Center for Arts and Humanities, a multi-use cultural facility operated by the City of Arvada. Kay is appreciated for her friendly and enthusiastic demeanor as she works with the public as an usher, cashier, and with the Will Call Ticket office. She is always behind the scenes assisting in administration. Her enthusiasm lights up a room.

2016 SENIOR HERO HONOREE



Ted Rains

As founder of the Golden Optimists Bicycle Recycle program over 30 years ago, Ted still helps collect, repair, recycle, and donate used bicycles to needy kids, students, and families. Since its inception, Ted can account for over 6,000 bikes being donated throughout the community. The Christian Action Guild of Golden (CAG), a non-profit thrift shop that promotes the Bicycle Recycle program, is one of the recipients of Ted's work. They feel Ted's work positively contributes to the well-being of CAG's at-risk folks by providing free-of-charge transportation and/or just a fun experience of riding a bike.

2016 SENIOR HERO HONOREE



Helen Card

Retired from Denver Public Schools, Helen Card has volunteered with the sewing groups of St. Anne's Catholic Church and St. Joan of Arc Catholic Church for many years. She brings her experienced seamstress talent to create complete baby layettes for Warm Hearts Warm Babies.

Warm Hearts Warm Babies provides clothing, blankets, and essential items to premature infants, newborn infants and young children in crisis free of charge. Helen is a champion of all the volunteers at Warm Hearts Warm Babies who labor in love.

2016 SENIOR HERO HONOREE



Dar Vriesman

A former pastor and healthcare administrator, Dar is known for his friendly manner and community engagement. He volunteers as a representative with the Colorado Commission on Aging as well as with the following organizations: Jefferson County Council on Aging, Denver International Airport Information Desk, the Westminster Rotary Club, and the annual Jefferson County Senior Law Day. Dar is considered a very caring person who exemplifies selfless service to others.

2016 SENIOR HERO HONOREE



Gail Hussin

A friendly, witty, dependable and essential volunteer describes Gail Hussin. Gail has multiple roles at the Apex Center: Front Desk receptionist, Craft Carousel Gift Shop clerk, and baker with the Apple Dumpling Gang. The gift shop features consigned handmade gifts primarily by seniors with a portion of proceeds donated to Apex for facility improvements. Gail creates cakes for groups and special events happening at the center. The Apex staff appreciates Gail's generous gift of time and talent.

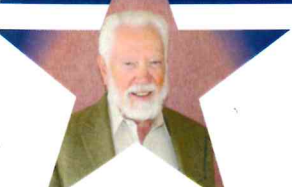
2016 ELECTED OFFICIAL HONOREE



State Representative Jessie Danielson

Representative Danielson is the third generation of her family calling Wheat Ridge home. She grew up on her family's farm near Ault. Jessie, as she likes to be called, earned a BA degree from the University of Colorado. She represents citizens and communities in the northern part of Jefferson County as State Representative from Colorado House District 24. One of her many passions is looking out for seniors in District 24 and across the state. Last year, Governor Hickenlooper appointed her to the Colorado Commission on Aging.

2016 SENIOR HERO HONOREE



Richard Markley

A family experience with disabilities led Dick to become involved with DDRC in the 1970s. He has volunteered time with and advocated for persons with disabilities for 45 years. His service includes fund raising & donating, serving as a board member, president, and chair of DDRC committees. In addition, he has been a Governor-appointed member of the State Medical Services Board; president of the Jeffco Arc Board, and past president of the Colorado Developmental Disabilities Planning Council. Dick is valued as a vital member of the Jefferson County community and a champion for people with intellectual and developmental disabilities.

*State Representative
Advisory Council*

From Representative Danielson, "the issues facing Senior Citizens in our state are of the utmost importance to me. In my first two years at the legislature I have made it a passionate priority to work hard for the rights and well being of older adults. The elders in my family, as well as my community are hard working, honest, generous and trusting. These qualities are why they deserve our constant respect and support. But as people age, these qualities are also what may make them more vulnerable and targeted for abuse. I worked to pass the CARE act in 2015, as well as a measure this year to fight elder abuse. I am grateful to Seniors for building our community and will continue to fight to protect their independence, safety and dignity. Thank you for this humbling honor."

Thanks!



JEFFERSON COUNTY SENIOR HEROES

